# **Health Policies**



# **Student Health and Emergency Info**

A <u>Student Health and Emergency Information Form</u> must be filled out at the beginning of each new school year. Also, if there are any pertinent health or allergy information changes throughout the school year, it is important to inform the school nurse. In addition, In the event that the parents/guardians are out of the city/country, it is important to inform the school office of a temporary guardian for your child(ren) along with their phone number in case of an emergency.

## **Communicable Disease Policy**

If a student is showing signs of a communicable illness, they should stay home. If they are at school with these symptoms, a parent will be asked to come and pick up their student. These symptoms include:

- Temperature over 38C or 100F
- Persistent, disruptive cough with yellow or green mucus
- Vomiting
- Diarrhea (persistent, disruptive, or with fever)
- Sore throat with swollen lymph nodes
- Uncovered, infected skin sores
- Eye infection
- Any other contagious illness (chicken pox, typhoid, rubella, dengue, etc)

A student with these symptoms should wait to return to school until they have been fever free for 24 hours without temperature-reducing medication (Tylenol, paracetamol, or ibuprofen). If antibiotics are required, then a child should not return to school until they have been on antibiotics for at least 24 hours. And in the case of vomiting or diarrhea, they should not return until they have been symptom free for 24 hours. There may also be times when a child does not exhibit these specific symptoms, but is not well enough to be at school. The School Nurse should be contacted in this type of situation.

## **Accidents and Emergencies**

All accidents occurring at school or a school related activity, regardless of how slight the injury or damage may be, must be reported to the teacher in charge of the class or activity. When students are ill or injured, their parents will be notified as soon as possible. In the event of a life threatening emergency, the student will be transported to Royal Phnom Penh Hospital by a school van along with two Logos staff. If there is suspicion of a spinal injury, a Royal Phnom Penh Hospital ambulance will transport the student to Royal Phnom Penh Hospital.

## **Medication Policy**

- In all grades, all medication taken at school must be given through the school nurse.
- If an elementary student needs to take medication at school, the parent must hand the medication to the school nurse or to a Logos teacher (never given to the child or placed in a child's backpack to bring to school).
- For all grades to be able to bring medication from home to take at school, a parent must fill out and sign a <u>Medication Authorization Form</u> AND all medication needs to be labeled with the medication name and dosage. It is preferred for medication to remain in the original packaging and have a visible expiration date.
- Students may not carry any medication with them while at school unless prior arrangements with the school nurse have been made (ie asthma inhalers or Epi Pen etc.)
- First aid supplies and basic over the counter medications are always available at school and on school field trips. Medication is administered only with parental authorization for conditions such as fever, basic aches and pains, allergic reaction, etc.



## Vaccinations

Vaccinations should be up to date at the time of admission, and a copy of the vaccination record should be given to the school nurse who will then update the student's school medical records. In addition, vaccinations should be updated as the child ages and a copy of the updated record given to the school office. The school nurse will help to encourage vaccination follow-up through written and verbal communication with parents.

In addition to the required vaccinations, there are several vaccinations for school-age children that are recommended by several internationally recognized institutions. These include Varicella, Hepatitis A, Typhoid, Rabies, Japanese Encephalitis, and others. However, these vary depending on individual risk factors, and should be left to the discretion of the parent in communication with a doctor. Students who will enroll in a school in another country (such as for home assignment or furlough) should be aware of the vaccination requirements of that country. All vaccination records are considered personal health information, and will be kept confidential.

The following vaccinations are required at Logos International School according to grade level:

#### Pre-K and Kindergarten

*BCG	**DTaP	Polio	Hepatitis B	***MMR or MR	Hib
1 dose (if under age five)	3 doses	3 doses	3 doses	One dose after 1st birthday	At least one dose

\*BCG is a vaccine primarily used against tuberculosis. In countries where tuberculosis is common one dose is recommended in healthy babies as close to the time of birth as possible.

\*\* DTaP is a vaccine that helps children younger than age 7 develop immunity to three deadly diseases caused by bacteria: diphtheria, tetanus, and whooping cough (pertussis). Tdap is a booster immunization given at age 11 that offers continued protection from those diseases for adolescents and adults.

#### 1st-8th Grade

DTaP	Polio	Нер В	MMR or MR
4 doses, <u>with last dose</u> after 4th birthday.	4 doses, <u>with last dose</u> after 4th birthday	3 doses	2 doses

\*\*\*one dose of MMR or MR is acceptable, if the child has been previously immunized against measles.

#### 9th-12th Grade

Tetanus Booster ****	Polio	Нер В	MMR or MR
One dose	4 doses	3 doses	2 doses

\*\*\*\*Tdap or Td is preferred to TT, but not widely available in Cambodia. Tdap is a combination vaccine that protects against three potentially life-threatening bacterial diseases: tetanus, diphtheria, and pertussis (whooping cough). Td is a booster vaccine for tetanus and diphtheria. It does not protect against pertussis.

#### Lice

In the event of a lice infestation, Students in kindergarten and below that are found to have lice at school need to leave school and can return after their first treatment. First grade and above may stay at school, but need to be treated that evening at home with their first treatment. Parents should supply a written note when the student returns to school stating that the student has received treatment for lice.





# **Special Physical and Emotional Needs**

Children with physical or emotional handicaps or special needs will only be accepted, when and if appropriate, facilities and personnel are available at school to handle such situations. Temporary or permanent physical needs that may affect a child's school program and/or well being should be communicated to the office or school nurse.

# **Exemption from Physical Education**

If there is a reason for a child to miss Physical Education or Swimming, a note requesting permission for the student to be excused from specific activities should be obtained before the student reports to the PE class. To miss more than two consecutive class periods, a note from a doctor will be required. Physical Education is considered as an important part of the educational program and students are required to participate except in rare situations or occasions.